

HIV/AIDS Awareness



WHAT IS HIV?



- HIV: Human Immunodeficiency Virus
- Human: found only in humans
- Immuno: the immune system
- Deficiency: a reduction of immune system cells
- Virus: type of organism; other examples of viruses are dengue, malaria, hepatitis

EFFECTS OF HIV:

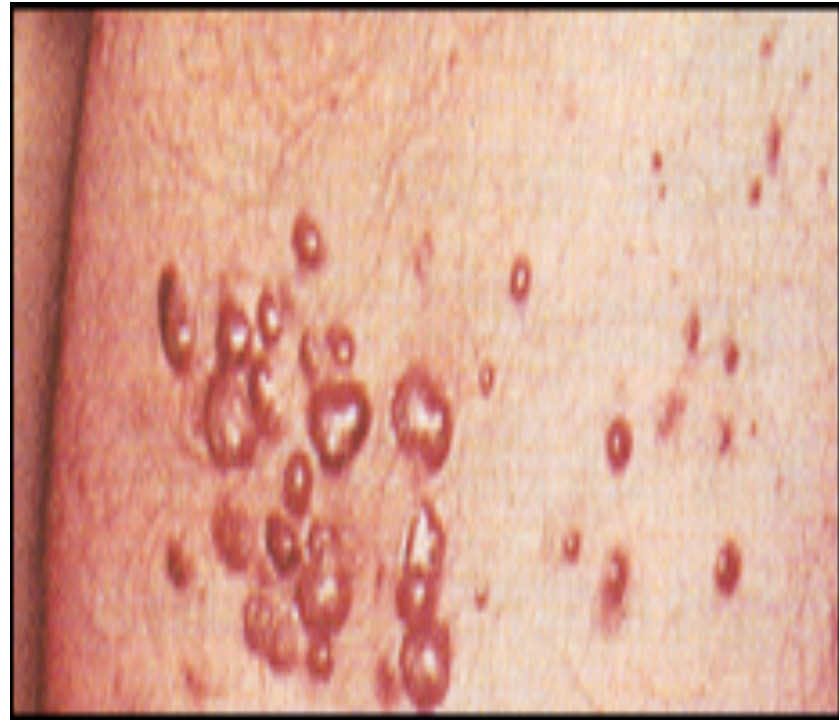


- Decreases the body's ability to fight off infections
- Easily become very sick from simple infections, for example, a cold
- There is no cure
- Treatment is to take drugs, perhaps for the rest of one's life, to stop the virus from reproducing

HIV Infections: Kaposi's Sarcoma



HIV INFECTION'S



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FACTS OF HIV:



- No vaccine as of yet
- Can never get rid of the virus once infected
- Cannot tell if a person has HIV by looking at them: blood test is required
- Is transmitted only through body fluids
- May remain dormant for many years
- Will lead to AIDS if left untreated

WHAT IS AIDS?



- AIDS: Acquired Immunodeficiency Sndrome
- Acquired: you must become infected
- Immuno: affects the immune system
- Deficiency: causes a decrease in immune system
- Syndrome: physical effects (symptoms) of virus

FACTS OF AIDS:



- Is caused by the HIV virus
- May develop within months after infection, but may NOT develop for 15 or more years
- Treatment is necessary to prevent death
- Death is caused by other “opportunistic” diseases due to non-functioning immune system

MODES OF TRANSMISSION:



- Through bodily fluids
- Sexual intercourse: most common way
- Drug users sharing needles
- blood to blood contact
- Babies born from mothers infected with HIV from blood, breast milk, amniotic fluid

WHO IS AT RISK?



- **Individuals at high risk include:**
- Overseas foreign workers
- Seafarers
- Sex workers
- Drug users
- Unborn babies with mothers infected
- Persons having sex:
 - unprotected
 - with multiple partners
 - with an HIV positive person
- **No one is secure or invincible from getting the virus**

STATISTICS:



| | |
|-----------------------------------|-------------------|
| ● Sub-Saharan Africa | 22 million |
| ● North Africa and Middle East | 380,000 |
| ● South & Southeast Asia | 4.2 million |
| ● Oceania | 74,000 |
| ● Latin America | 1.7 million |
| ● Caribbean | 230,000 |
| ● Eastern Europe and Central Asia | 1.5 million |
| ● East Asia | 740,000 |
| ● North America | 1.2 million |
| ● Western and Central Europe | <u>730,000</u> |
| GLOBAL TOTAL | 33 million |

UNAIDS/WHO 2008 Report on the global AIDS epidemic

MODES OF PREVENTION:



- Have sex with only one faithful partner
- Use a condom if you (or your partner) have had other sexual partners. Using a condom reduces the risk of getting or giving HIV/AIDS
- Don't have sex with persons who have many sex partners or persons who inject illegal drugs
- Don't receive any injection unless you are sure the instruments are sterilized first
- Safely & appropriately handle blood products-only if necessary
- Help educate & raise awareness

IN THE PHILIPPINES



CUMULATIVE # OF HIV-AIDS CASES

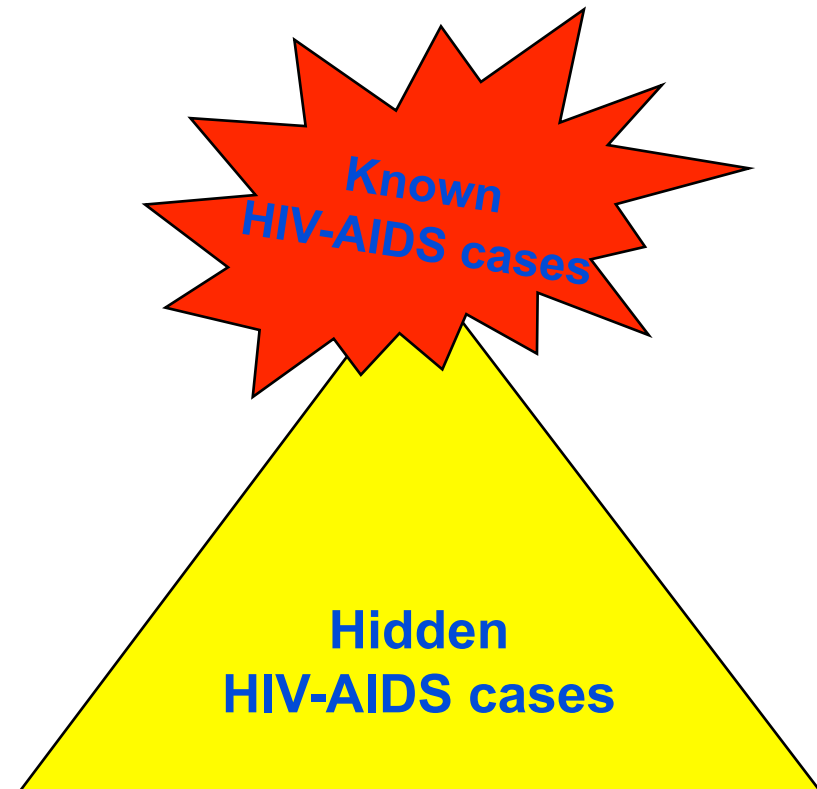


- Jan 1984 – Sept 2006
- 2655 HIV (+) cases
- 1913 (72%) – asymptomatic
- 742 (28%) – had AIDS
- Of the 2655, 929 (35%) – are OFWs , of which:
 - 313 (34%) – seafarers
 - 162 (17%) – domestic helpers
 - 81 (9%) – employees
 - 72 (8%) – entertainers
 - 58 (6%) – health care workers
- 1984- 1st case identified in the Philippines
- Majority of the cases are in the 25 – 39 age group
- 64% infected are males
- Sexual intercourse is the leading mode of transmission of the infection (87%)
- 39 % of the AIDS cases were dead at the time of reporting due to AIDS related complications

Hidden & Growing...



- Due to increasing high risk behaviors and practices
- All the ingredients for an HIV-AIDS explosion: Less than 1% of the population is infected, yet...
- Active sex industry
- Expanding tourism
- Increasing # of OFW's
- False sense of security and invincibility
- Attitude of complacency, "it won't happen to me"
- Actual numbers of HIV infections unknown



FILIPINO YOUTH SEXUALITY



- 15-27yrs
- Increase in proportion of young people engaging in premarital sex
- 34% reported having multiple sex partners
- Unprotected sex: young men 70%; women 68%
- 60% of the young believe there is no chance for them to get HIV-AIDS

THANKS!

